Volume 18

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MEDI-CAPS INTERNATIONAL SCHOOL



School Chirp

September 2025 to February 2026

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From Vice Chairman's Desk ....



Dear Students, Parents, and Esteemed Members of the Medi-Caps International School Community,

Warm greetings.

As we come to the close of another enriching academic session, I extend my heartfelt appreciation to each one of you for being an integral part of our journey. This year has been a testament to our shared commitment to holistic education—where learning goes beyond classrooms to nurture character, values, confidence, and compassion.

Our students have grown not only academically but also as responsible and resilient individuals, embracing opportunities with enthusiasm and determination. Such progress is possible because of the unwavering support of our parents and the relentless dedication of our teachers, who together form the strong foundation of our institution.

As we reflect on the achievements of the past months, let us move forward with renewed purpose, continuing to uphold the vision and values of our school.

With best wishes for a restful break and a promising year ahead,

Gopal Agarwal

Vice Chairman

Medi-Caps International School

From Principal's Desk ....



Dear Members of the Medi-Caps International School Community,

Warm greetings to you all.

At Medi-Caps International School, we believe that education is a harmonious blend of academic excellence and holistic development. Alongside a strong scholastic foundation, we place equal emphasis on co-curricular activities and sports, recognizing their vital role in shaping confident, disciplined, and well-rounded individuals.

Throughout the session, our students have enthusiastically participated in art, music, dance, drama, debates, quizzes, club initiatives, and a range of sporting events. These experiences have nurtured creativity, leadership, teamwork, and resilience, while instilling the true spirit of sportsmanship and healthy competition.

As we approach the close of the academic session, we look forward to sharing glimpses of these enriching experiences with our parents through various showcases and events. These moments celebrate not only our students' achievements but also the strong partnership between school and home.

I would especially like to acknowledge our parents as valued partners in this journey. Your constant encouragement at home, trust in the school's vision, active participation in school initiatives, and open communication have significantly contributed to our students' growth and success. When parents and educators work together with shared purpose, children thrive with greater confidence and clarity.

I also extend my sincere appreciation to our dedicated teachers for their unwavering commitment and guidance throughout the year.

Together, let us continue to strengthen this meaningful collaboration for the continued growth and success of our students.

With best wishes,

Yogeshwari Rathore

Principal

Medi-Caps International School

OLYMPIAD ORACLES



Pre-Primary Block



Pre-Primary Block



Primary Block



Middle block



GOMATHI GANAPATHY
12th



GURPREET SINGH KALSI
9th



AARAV SINGH PAWAR
7th



ABHIJEET MISHRA
10th



ADITYA SARAF
11th



DARSH SARASWAT
5th



DHIMAN KAUR CHAWLA
3rd



MRITYUNJAY DHIMAN
4th



RUDRA JITESH PATIL
8th



VYOM MITTAL
6th



ISHMEET SINGH KHALSA
6th



JALAJ YELE
4th



MITALI GARG
11th



RUDRA SOMANI
7th



SANIDHYA GUPTA
6th



SHIV GOYAL
10th



SHIVAM PATIL
4th



SHRIYANSH AJMERA
5th



VEDANSH GUPTA
9th



PRISHA AGARWAL
3rd



ADWITA NEEMA
6th



ATHARVA SINGH
7th



DIVYAM PATIL
8th



ISHIT BHAKTA
3rd



MADHAV SHUKLA
10th



PRAKHAR CHOURASIA
10th



RIYANSHI BANSAL
8th

Selected For Second Level

HOLISTIC HEROES



Karan Martens Mohanta
InBix 2025 Speaker



Angad Goyal
UCMAS International Runner-Up



Interschool English Poem Reciatation Winners



Aanvi Thakur
Qwan Ki Do Medals



Gurjot Singh
National Spell Bee Rank Holder

HOLISTIC HEROES



Vaani Upadhyay
Young Author Honour



IPSA Busy Buzz
Team MIS



Aadhar Patnayak
MP Art Festival - 2nd prize



Kartik Nagda
Winner Rastriya Yuva Sansad



JIANA KATARIA
International Book of Record Holder in Sudoku



Aneri Poddar
NCC Achievement

PEEK A BOO TO PRE PRIMARY ACTIVITIES

Fancy Dress





A Fancy Dress Competition on “Mythological Characters” was organized for pre-primary students, where children dressed as various deities and confidently spoke about them, enhancing their confidence and cultural awareness.

Jungle Safari





Children enjoyed an exciting Jungle Safari activity where they dressed as animals and learned about wildlife through fun games and creative activities.

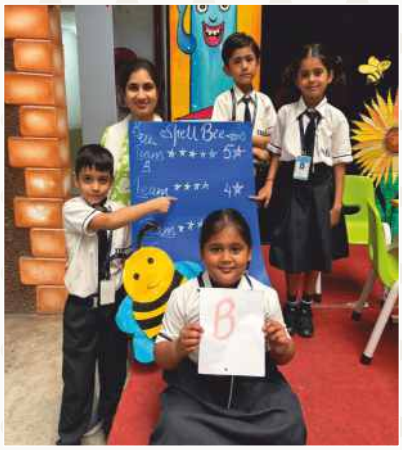
Vegetable & Fruit Market





A lively Vegetable and Fruit Market activity helped children learn names of fruits and vegetables through enjoyable role-play.

PEEK A BOO TO PRE PRIMARY ACTIVITIES





Spell Bee

A Spell Bee Competition was organised to improve students' spelling, vocabulary, and confidence in a fun way

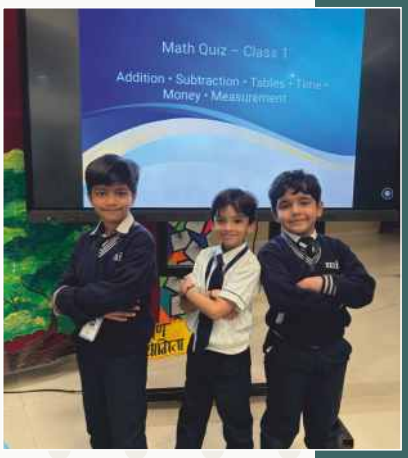
A Talk Show







A Talk Show on "My Majestic Country" helped students showcase their communication skills while expressing pride in India's heritage and unity.



Math Quiz

A fun Maths Quiz was conducted to enhance students' counting and problem-solving skills through interactive number games.

PATHWAY TO PRIMARY ACTIVITIES





Bhajan Competition

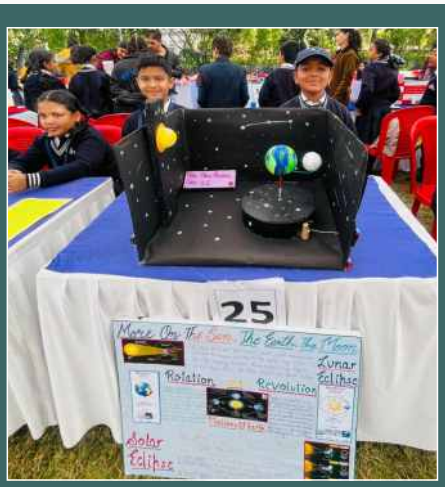
Students of Medi-Caps International School participated in the Inter-School Bhajan Competition with great devotion and enthusiasm. Their soulful rendition reflected cultural values, discipline, and teamwork. The performance was well appreciated and provided a meaningful platform for nurturing spiritual and musical talents.





Declamation Competition

A Declamation Competition on Great Personalities was successfully conducted, where students showcased confidence, clarity of thought, and powerful expression.







Exhibition

Medi-Caps International School hosted an exhibition featuring Maths and Science models. Students also presented an English puppet show, storytelling, and cultural representations of Madhya Pradesh and Bihar in Hindi.

PATHWAY TO PRIMARY ACTIVITIES







Folk Dance

The Folk Dance Competition was a lively celebration of India's cultural heritage.Students performed solo with great confidence, grace, and coordination. Dressed in vibrant traditional costumes, they beautifully showcased the spirit of Unity in Diversity.

Poem Recitation

Students of Class 4th confidently participated in the Poem Recitation, expressing their thoughts with clear voice, proper rhythm, and emotions. The activity enhanced their confidence, pronunciation, and stage presence while nurturing creativity and love for literature.











Doha Vaachan Competition

Students of Class 5th Participated in Doha Vaachan Competition on the occasion of Hindi Diwas.

MARVELS OF MIDDLE BLOCK







Chocolate Bouquet

Sweet creativity bloomed as chocolates turned into delightful bouquets. The challenge blended design, presentation, and joyful imagination.







G K Quiz

Curiosity met competition as houses clashed in a battle of brains. Knowledge, teamwork, and enthusiasm lit up the quiz arena.







Handwriting Competition

Students participated in the English Handwriting Competition, showcasing neatness, focus, and creativity. The event highlighted the importance of patience, practice, and beautiful expression through writing.

MARVELS OF MIDDLE BLOCK





MIS Got Talent

The Stage came alive with rhythm, voices, and vibrant performances. Students shone brightly, celebrating confidence and hidden talents.







Robotics Exhibition

Young minds brought machines to life with logic and precision. The competition highlighted creativity, coding skills, and future-ready







Science Exhibition

Innovation sparkled as ideas turned into inspiring models and experiments. The exhibition showcased curiosity, creativity, and scientific vision.

OUTDOOR ODYSSEY







PRE - PRIMARY ZOO VISIT

With smiles so big and hearts so gay!
We saw tall giraffes and monkeys too,
Roaring lions and elephants saying "choo choo!"
We clapped, we laughed, we danced with glee,
So many animals for us to see!
Our zoo trip was fun from start to end,











Primary block Medicaptains enjoyed an educational field trip to Kamla Nehru Zoo, Indore exploring animals and birds while learning about their habits and habitats.The fun-filled visit beautifully connected classroom learning with real-life experiences.

Primary (3-5) Zoo Visit

OUTDOOR ODYSSEY





Macwell Print Pack Pvt. Ltd., Pithampur

Industrial Visit: Grade VI – Macwell Print Pack Pvt. Ltd. Grade VI students (Sections A–H) visited Macwell Print Pack Pvt. Ltd., Pithampur, gaining firsthand insight into the packaging industry. They observed high-speed printing machines, learned about the production process, interacted with industry experts, and enjoyed bonding time with classmates—making it a truly enriching learning experience.





Falcon Pipes Industries Pvt. Ltd.

Exploring the World of Pipes! Class 7 enjoyed an enriching two-day industrial visit to Falcon Pipes Industries Pvt. Ltd., Pithampur. Students observed large-scale pipe manufacturing and gained valuable insights into industrial processes, sustainability, and teamwork through this engaging real-world experience.





Yellow Diamond Cake Manufacturing Unit

A Sweet Day of Learning! Students of Class 8 from Medi-Caps International School visited the Yellow Diamond Cake Manufacturing Unit, gaining firsthand exposure to industrial food production. They observed the complete cake-making process, learned about large-scale machinery, and understood the importance of quality, hygiene, and safety standards—making it a memorable experiential learning experience.

CHAMPION CHARGERS

CRICKET











SKATING





MARTIAL ART

The Day I Answered Too Honestly



Suhana Balani
Class 3rd - G

One morning in school, our teacher asked a simple question, “Why should we come to school every day?” Many students raised their hands and gave serious answers like “to study” and “to learn good manners.” I was thinking very carefully and then raised my hand too.

When my teacher called my name, I confidently said, “We should come to school every day because my mother says I must!”

For a moment, the class was silent. Then everyone started laughing, including my teacher. I felt a little embarrassed but also happy because I had made everyone smile.

My teacher said, “That is the most honest answer I have heard today.”

Later, during recess, my friends teased me and said they would use my answer at home. Even when I reached home, I told my mother about it, and she laughed loudly.

That day, I learned that being honest can sometimes be funny and that school is not only about books and lessons but also about happy moments we share with our teachers and friends.

The lost water bottle



Swar Patel
5th - D

One day during recess, I brought my new water bottle to school. After playing with my friends, I came back to the class and found that my bottle was missing. I felt sad and confused.instead of crying, I decided to think calmly.

First, I remembered where I had gone during recess. I checked the playground, but I didn't find it there. Then I thought ,”Maybe I kept it near the swings.” I went there and asked my friends if they had seen it. One of my friends said he saw a similar water bottle near the slide. I quickly went there and found my bottle kept safely on a bench. I felt very happy.

I learned that staying calm and thinking step by step helps solving problems easily”.

That day, I learned that being honest can sometimes be funny and that school is not only about books and lessons but also about happy moments we share with our teachers and friends.

CAMPUS CHRONICLES



Palakshi Pandey
4th - A



Samarveer Balani
5th - H

My Hilltop School – MIS

On a peaceful hill where cool winds flow,
Stands my school MIS, with a beautiful view below.
Open skies, dreams rising high,
Learning spreads its wings to fly.
Big green grounds and playgrounds wide,
Games, laughter, and school-day pride.
Colorful gardens bloom with grace,
Nature smiles in every space.
In the garden, Buddha calm and wise,
Teaches peace beneath open skies.
His gentle smile shows us the way,
To think with calm, day by day.
Hi-tech classrooms, bright and smart,
Knowledge touches every heart.
Friendly teachers guide and care,
Shaping futures, strong and fair.
Good friends walk through joy and cheer,
Sharing dreams we hold so dear.
Helping didi, kind and true,
And transport bhaiyas watch over you.
The mess brings warmth in every meal,
Moments of joy we truly feel.
Carnivals shine with color and cheer,
The grand amphitheatre—talents appear.
My MIS, my pride, my light,
A school that makes my future bright.
On this hilltop, dreams begin—
MIS, my world, where I win.

Near my building gate, there was a thin stray dog. He looked hungry and scared. I started bringing him biscuits and water every day. Soon, he began wagging his tail when he saw me.

One day, he was hurt, so my parents helped me take him to a vet. Now, he stays near our house and everyone loves him.

I learned that kindness to animals makes the world better place.

I choose



Arya Keswani
5th - B

I choose not to laugh when someone falls,
I choose not to build emotional walls.
I choose to listen, I choose to stand.
I choose to help, I choose to understand.
Because choices define who we are ,
not your trophies, medals or stars ,
and today, right here, in this place,
I choose humanity over the race

CAMPUS CHRONICLES

जब उम्र से बड़ा हुआ साहस



Shourya Joshi
5th - E

क्या साहस की कोई उम्र होती है? कभी-कभी जीवन ऐसे क्षण सामने लाता है, जो इस प्रश्न का उत्तर स्वयं दे देते हैं।

उम्र छोटी, साहस बड़ा

कई बार ज़िंदगी ऐसे पल सामने लाती है, जो यह साबित कर देते हैं कि बहादुरी उम्र की मोहताज नहीं होती। यह सच्ची घटना हमारे परिवार के साथ घटी, जिसने हमें हमेशा के लिए गर्व से भर दिया। 4 जनवरी 2025 को मैं, मेरी पत्नी और हमारा 11 वर्षीय बेटा शौर्य (Shourya) पारिवारिक कारणों से महाराष्ट्र के अमरावती गए थे। अगले दिन हम कार से अपने घर लौट रहे थे और मैं स्वयं कार चला रहा था।

खंडवा से लगभग 20–25 किलोमीटर आगे रूसिया गाँव के पास अचानक हमारी कार का अगला टायर फट गया। उस समय कार की गति लगभग 90–100 किलोमीटर प्रति घंटा थी। संतुलन बिगड़ने से कार दो बार पलट गई। इस भयानक हादसे के बाद सबसे पहले Shourya कार से बाहर निकला। उसने ज़रा भी घबराहट नहीं दिखाई। पूरी समझदारी और साहस के साथ उसने अपनी मम्मी को सुरक्षित बाहर निकालने में मदद की। इसके बाद वह मेरे पास आया और मुझे बाहर निकालने की कोशिश करने लगा। मैंने सीट बेल्ट पहन रखी थी, इसलिए वह मुझे तुरंत बाहर नहीं निकाल सका, लेकिन उसने धैर्य और संयम के साथ मेरी मदद करना जारी रखा।

सबसे आश्चर्य की बात यह थी कि इतने बड़े हादसे के बावजूद Shourya बिल्कुल नहीं डरा। उसकी आँखों में डर नहीं, बल्कि जिम्मेदारी और हिम्मत साफ दिखाई दे रही थी। थोड़ी ही देर में आसपास के गाँव के लोग वहाँ पहुँचे और उन्होंने हमारी सहायता की।

बाद में हम सनावद पहुँचे, जहाँ हमारा उपचार हुआ। यह घटना हमें यह सिखाती है कि सच्चा साहस ताकत में नहीं, बल्कि मजबूत मन और निडर सोच में होता है। Shourya इस बात का जीवंत उदाहरण है कि उम्र छोटी हो सकती है, लेकिन साहस बहुत बड़ा हो सकता है।

विद्यार्थियों के लिए संदेश

Small Moments, Big Lessons



Arnav Kanojiya
8th - B

School life is full of little moments we often don't notice. Laughing with friends, feeling nervous before a test or getting advice from a teacher at the right time. These simple experiences quietly shape who we are and help us grow, even when we don't realise it then.

With time, we realise that school is more than books and exams. It teaches us how to deal with pressure, value friendships, and learn from mistakes. These small experiences stay with us, guiding us even after school ends reminding us that growth often begins in the simplest moments.

CAMPUS CHRONICLES



Vedansh Sharma
8th C

A New Beginning: Stepping into the Senior Block

This session taught me lessons new,
Through challenges faced and activities too.
In robotics, with a friend beside,
We won first place, our hearts filled with pride.
Each experience helped my confidence grow,
Teaching me more than I used to know.
In the coming session, I hope to try,
To learn, succeed, and aim high.
From Middle Block I now step ahead,
To the Senior Block where new paths spread.
New teachers, subjects, and duties I'll find,
Helping me grow in heart and mind.
Some friends may change as time goes on,
But shared memories will never be gone.
New friendships await, teamwork too,
Learning together in all we do.
The Senior Block is more than a place,
It shapes our skills and prepares our pace.
With support of teachers, friends, and family,
I'll strive to be my best self truly.
With hard work, patience, and courage each day,
I welcome this chapter, ready to stay.



Advik Garg
8th - A

MAKE IT GREEN

Lives are crying in polluted air,
Earth is dying—do we even care?

She is our Mother, kind and true,
She feeds us all, gives shelter too.
Don't harm her soil, don't make her bleed,
Respect the Earth—that's what we need.

Global warming rings the alarm,
Nature is facing serious harm.
Stand up today, be brave and strong,
Protect the Earth where we belong.

Trees are falling, animals cry,
The future fades as days go by.
Make it green today, start now,
Save tomorrow—take the vow.

Ice is melting, oceans rise,
The danger grows before our eyes.
How will we save this only home?
Think today—before it's gone.

Trees are precious, guard each one,
Water is life—save every drop.
Plant more trees, clear the pollution,
Make Earth Queen of every nation



Karan Marten
8th - G

Curiosity is NOT "Age-Bound"

Curiosity does not follow age, grade, or a defined timetable. Outside schools, it shows differently and makes us understand them properly in our own ways.

I recently published a research article: "Meltome Atlas of Arabidopsis thaliana Proteome: A Melting Temperature-Based Identification of Heat & Cold Resistant Proteins Using In-Silico Approach", published in BMC Genomics, an international scientific journal. The research focused on analyzing protein stability across the complete proteome of a model plant. This was a part of real scientific research, where every result had to be supported by data and careful reasoning.

The paper was written by two authors. I would like to acknowledge the corresponding author, who is also my mentor and my father a lot towards his contribution. His guidance not only shaped my understand of SCIENCE, but also helped my use it, study it and find new about it to help me out with my research. Accuracy, patience, ethics, and honesty were all that we prioritized over speed. This article took almost 4 years to be completed and submitted for publication. Working on this project showed me that science is not only about quick results, but also made me understand the fact that it involves many analyses to be repeated and rechecked. Some ideas even fail completely! Research involves long hours of collecting data, reading, citing, correcting, and learning from our mistakes. Progress happens slowly, but meaningfully.

Now these four years I patiently worked, will come to a huge meaning – making me the youngest Indian to publish a research article in a reputed journal. While this milestone is encouraging, the reality lies in having the knowledge in an early stage of my life.

To fellow students, my message is simple: "Curiosity should not be limited by age". If you are genuinely interested in a subject, take it seriously, learn seriously and seek proper guidance. When curiosity is supported by discipline, it can take you far beyond what you expect.

UNLOCKING THE DOOR TO SUCCESS



Siddhi Bajaj
7th - F

Success is neither a matter of luck nor age ; it is the result of hard work, discipline, determination, positive attitude and consistent efforts. It begins with a dream and courage to face challenges and turned into opportunities, success naturally follows .Regular practice ,time management and learning from failures and celebrating small achievements build strong character. With the guidance of mentors, self belief and support of their loved ones, everyone can unlock their true potential and bloom into a responsible, bright and confident individual ; who is ready to face the world and proudly walk on the pathway to success.

"SUCCESS BEGINS, WHERE FEAR ENDS"

CAMPUS CHRONICLES



Aarth Neema
7th - C

EMPATHY

Empathy is a humanly ability to step into another person's emotional dimesion, to perceive and understand their feelings as if they were our own, and to respond with genuine care and compassion. When we practice *empathy,* we listen attentively without judgment, we open our minds to perspectives different from our own, and we make others feel valued and understood, it strengthens friendships, nurtures bonds, and fosters harmony in communities. *Empathy* also plays a crucial role in reducing prejudice and ultimately conflict, it encourages us to see everybody from the same ground of respect, & makes us to act with equality. As future citizens, learning *empathy* early helps us grow into compassionate individuals who can make society more understanding, more equal and inclusive.



Vaishnavi Ganapathy
9th - H

Hope and stripes

Even having courage
one may be in a cage,
and whatever he may then do,
is like the Tiger in the zoo.

He is restless,
but not mighty less.
Visualizing his home,
he is not hopeless.

A river may break the stone
to make its way out.
But, the tiger who has become bones,
as a prisoner of man's cruelty, he cannot.

Meaning:-
In the real world, powers and limitations exists side by side. The tiger, despite its strength is often caged. Like the tiger, humans may be full of power and dreams, yet trapped by society, fear and expectations. This cage not only limits the freedom but slowly erodes identity and hope. Oppression is the cruelest punishment, where the life continues but is never truly lived.

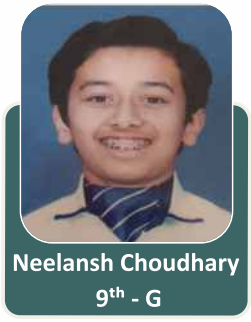


Charvi Sharma
11th - C

January's Jest

January speaks with a voice of frost,
But as everything must, that too came with a cost.
The dreadful creature leers your way,
With eyes full of blue the color midnight ocean and mouth open but never a word does the creature say.
I wonder if that's all it is, a perfectly splendid monster,
Or worse, a shadow of the past, but it does not matter much for these cold months do not last.
You walk towards the being, knowing you should not but a brave heart is what history remembers, you think,
It still does not speak, but you hear the thump of its heart at clink clink clink.
Wonder you may, did the heart freeze in the January Frost, or is the creature one with a heart of stone instead.
The thing can answer just about none of your questions, so to find them, just a new adventure is what shall be lead.

A big achievement for India in space research by ISRO



Neelansh Choudhary
9th - G

The "SpaDeX" or "Space Docking Experiment" is a twin satellite mission developed by the Indian Space Research Organisation (ISRO) to mature and demonstrate technologies related to orbital rendezvous, docking, formation flying. Which will have future applications in areas such as Human spaceflight, in-space satellite servicing and other proximity operations.

SpaDeX consists of Two modified IMS-1 class satellites weighing 220 kg each. During proximity operations one spacecraft acts as a Chaser and other acts as a Target. Both spacecrafts were launched together from the First Launch Pad of Satish Dhawan Space Centre aboard a dedicated Polar Satellite Launch Vehicle on 30 December 2024 at 16:30:15 UTC and subsequently injected into slightly different orbits. After deployment, the two spacecraft then executed manoeuvres to bring them together again. The Chaser (SDX01) approached the target (SDX02) and then carried out precision manoeuvres to complete a successful docking. With this success, India became one of the four countries of the elite world space club.

- **According to ISRO, the SpaDeX mission had the following objectives**
- To demonstrate an autonomous rendezvous and docking using the V-bar approach.
- To verify electrical power transfer between two docked spacecraft.
- To execute a composite spacecraft control using the Attitude Control System of another spacecraft while both are in a docked configuration.
- To act as independent satellites after undocking, and to operate their payloads for a period of two years.



Aniket Bhandari
11th - A

मेरी माँ

पैदा जिसने किया,
वो तुम हो माँ,
दर्द होने पर पहली आवाज़
तुम हो माँ,
हर चोट का इलाज जो है मेरे लिए,
वो तुम हो माँ,
पैदा जिसने किया
वो तुम हो माँ।
जान मुझमें अपनी रखती हो तुम,
हर किसी से मेरे लिए लड़ती हो तुम,
दुखी हूँ मैं या खुश,
चेहरे से समझ जाती हो,
प्यार से मुझको
अपने हाथों से खाना खिलाती हो।
बचपन में उँगली पकड़कर
चलना सिखाया है,
और अब हर एक मुसीबत से
लड़ना सिखाया है,
जब भी भटकता मैं
अपनी मंज़िल के रास्तों पर,
तब माँ तुमने मुझे
सही रास्ता बताया है,
बचपन की तरह मुझे
उँगली पकड़कर
गिरने से बचाया है।
गलती करने पर
डाँटती भी हो तुम,
और कुछ अच्छा करने पर
प्यार भी करती हो,
कितना ही कहे ये दुनिया
मेरे बारे में,
मुझे अपनी गोद में लेकर
संभाल भी लेती हो तुम।
सच मानो तो मेरे लिए
और कोई ईश्वर, कोई खुदा
मायने नहीं रखता,
मेरे लिए तो मेरा
सब कुछ हो तुम,
सच मानो तो ये जहान
क्या देगा मुझे,
जब मेरे पास तो
तुम हो।
मेरी हर खुशी, मेरा हर दुख,
मेरी हर जीत, मेरी हर हार,
मुझे जिसने हर पल संभाला है,
वो तुम हो माँ

WISDOM WORKSHOP



A 2-hour **Arduino Uno Software-Based Training Program** was conducted using Tinkercad to introduce students to virtual circuit simulation and C/C++-based Arduino programming without physical hardware.



A session on **"Personal Hygiene and Dressing"** was conducted on 10th November 2025 at Medi-Caps International School to promote personal hygiene, proper grooming, respectful communication, and self-confidence among girl students of Classes IX–XII.



Under the **Samvedna Club initiative**, students of Medi-Caps International School visited Samvedna School on 17th October 2025, engaging in creative activities and acts of service that fostered empathy, inclusivity, and compassion.



An insightful session on **Adolescent Changes and Solutions** was held on 09/12/24 at MediCaps International School, featuring psychologist Dr. Ali A. Husaini from IIM Indore, who guided students on emotional intelligence, stress management, and academic success.



A **Life Skills & Future Readiness** session was successfully conducted on 17th November 2025 at Medi-caps International School in collaboration with iEducationalize, guiding students toward informed academic and career decisions.

LEARNER'S LEAP



Medi-Caps International School hosted the AFS Mid-Term Orientation and Anniversary Dinner, welcoming Ms. Diya Badgel, National Director of AFS Intercultural Programs India.Exchange students from Japan, Italy, and the USA joined Grades 9–12 learners for engaging intercultural sessions and visits to Chappan Dukan and Sarafa Bazaar, celebrating global understanding and cultural exchange.



University Fair was conducted for Senior block students to guide them about the Future career options.









Students of Medi-Caps International School won prestigious awards in various categories in Biology, Chemistry, Math, and Social Studies at CBSE Sahodaya Senior Bal Vigyan.

EDUCATORS' EMPOWERMENT



Educating Parents About Education



Future Tech Fusion



Hindi Language Teaching



CBSE Parenting Workshop



Teaching Values in 21st century



Active Learning



Use of Artificial Intelligence in Classrooms



Sports in Education



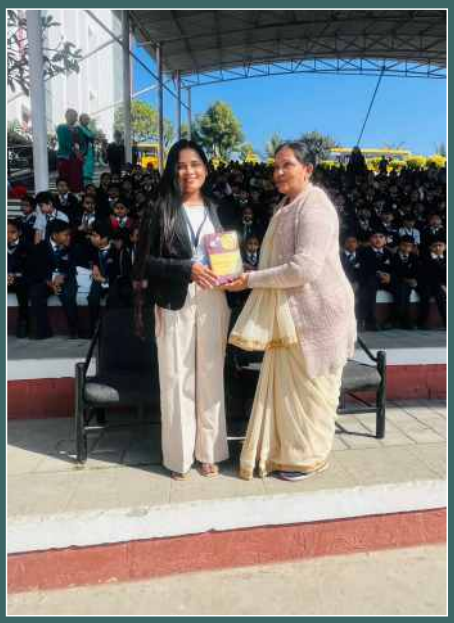
NEP & its Elements



NEP & Parents Involvement

PARENTS AS PARTNER







Primary

A meaningful assembly on "**Little Things Make a Leader**" was conducted by the parent of Eva Shree (Class 3G) under the *Parents as Partners* initiative. Presented by Eva Shree's mother, the session beautifully emphasized how small daily actions nurture strong leadership values—reminding students that little steps today lead to great leaders tomorrow.







Pre-Primary Class

A Parents Assembly was organized at the school featuring special sessions by a Yoga Trainer and a Veterinarian. The assembly focused on creating awareness about **physical well-being and animal care**. Parents learned simple yoga postures and breathing techniques for a healthy lifestyle, along with essential tips on pet care, hygiene, and animal safety. The session was informative, interactive, and saw enthusiastic participation from parents.



PARENTS AS PARTNER





Class 6th

Under the Parents as Partners initiative, Medi-Caps International School hosted an engaging **Oral Health and Hygiene** workshop for Grade 6. Dr. IndraKumar H.S., Professor & HOD at the College of Dental Science and Hospital and parent of Bhagyashree (Grade 6), shared practical dental care tips through interactive models and slides, helping students learn healthy brushing habits for lifelong smiles.





Class 7th

Students of Class VII attended an **Origami Workshop** on 10th January 2026 under our *Parents as Partners* initiative. We thank Ms. Tina Gupta, parent of Granth Gupta (Class VIII), for conducting this engaging session. Using coloured paper, scissors, and glue, students created beautiful origami models, enhancing their creativity and fine motor skills. The enthusiastic participation made the workshop a great success!





Class 8th

Medi-Caps International School conducted a special session on **Hazardous Waste Management** for Grade 8 under the *Parents as Partners* initiative. Mr. Amit Dubey, Director at *Pithampur Industrial Waste Management Pvt. Ltd.* and parent of Ditya Dubey (Class 8), shared valuable insights on sustainable waste disposal and environmental responsibility, inspiring students to work towards a greener future.

GALA GLIMPSES







Children's Day Celebration

Medi-Caps International School celebrated Children's Day with great joy and excitement. Students enjoyed a fun fair, fun games, a delightful magic show, and yummy ice cream. The day was filled with laughter, happiness, and memorable moments for all.





Guru Nanak Jayanti

Guru Nanak Jayanti was celebrated in the school with great devotion and enthusiasm. The celebration aimed to introduce children to the life and teachings of Guru Nanak Dev Ji. Teachers narrated short stories about Guru Nanak Dev Ji and explained his messages of love, kindness, equality, and sharing. Children participated in prayer, shabad listening, and colouring activities related to the occasion. The celebration helped children learn moral values and respect for all.





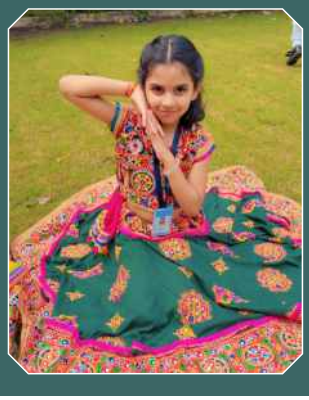




MIS Christmas Carnival

A joyful filled the campus with festive cheer, fun activities, and happy moments. Students and staff came together to celebrate the season of joy, creating beautiful school memories and spreading holiday happiness all around.

GALA GLIMPSES






Navaratri Celebration

Navratri was celebrated in the school with great devotion and enthusiasm.
Students took part in the dandiya celebration with joy, reflecting India's rich culture and traditions.
The atmosphere was filled with positivity, happiness, and festive spirit.





Pre-Primary Diwali Celebration

A colourful Diwali Celebration was organised for our tiny tots. The classrooms were beautifully decorated with diyas and rangolis. Children dressed in traditional clothes and enjoyed fun activities like colouring, diya decoration, and festive dance. The celebration filled the school with joy, laughter, and festive vibes.







Primary Christmas Celebration

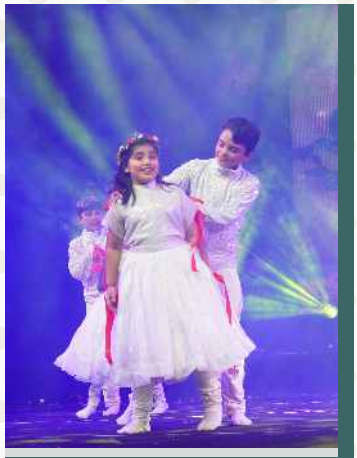
Medi-Caps International School celebrated Christmas with great joy and enthusiasm. Students enjoyed fun games, festive activities, and created thankful cards for Santa. The celebration spread happiness and the spirit of love, sharing, and togetherness.

ANNUAL AMOUR















ANNUAL AMOUR























HASTA - LA - VISTA- PRAYAAN 2K26











MEDI-CAPS IN NEWS

इन्दौर समाचार | NEWS UPDATES 2.11.2025



मेडीकैप्स के खिलाड़ी बने स्वर्ण पदक विजेता

इंदौर। 11 वीं राज्य स्तरीय सेपक टकरा प्रतियोगिता रायसेन (मंडीदीप) जिले में 29 मार्च 31 मार्च तक आयोजित की गयी जिसमें सब-जूनियर एवं जूनियर वर्ग के बालक/बालिका खिलाड़ीयो द्वारा इस प्रतियोगिता में हिस्सा लिया7 इंदौर जिले से मेडीकैप्स स्कूल के खिलाडियों द्वारा हिस्सा लिया गया था सब-जूनियर के डबल एवेंट मे सेमी-फाइनल मुकाबले मे इंदौर विरुद्ध टीकमगढ़ के मध्य खेला गया। जिसमे पहला सेट 13 -15, दूसरा सेट 15 - 12, तीसरा सेट 15 - 10 से जीत हासिल की। फाइनल मैच इंदौर विरुद्ध रायसेन के मध्य खेला गया जिसमे पहला सेट 15 -08, दूसरा सेट 15 -12 से जीत हासिल कर स्वर्ण पदक प्राप्त किया इनकी इस उपलब्धि पर स्कूल प्राचार्य योगेश्वरी राठौड़, स्कूल खेल अधिकारी भावेश बुंदेला ने टीम कोच आशीष सेन व खिलाड़ियों को बहुत-बहुत बधाई दी व उज्जवल भविष्य की कामना की।

भोपाल संसार NEWS UPDATES 24.11.2025

मेडी-कैप्स स्कूल ने खेलो इंडिया रग्बी लीग चैंपियनशिप में रजत पदक जीता

इंदौर/भोपाल। मेडी-कैप्स इंटरनेशनल स्कूल ने भोपाल में आयोजित प्रतिष्ठित खेलो इंडिया असमिता रग्बी लीग चैंपियनशिप में प्रभावशाली दूसरा स्थान हासिल किया है। इस चैंपियनशिप में महिला वर्ग में 35 टीमों ने भाग लिया, जिससे यह उपलब्धि वाकई उल्लेखनीय बन गई।

टीम के सदस्यः - कैप्टन जानवी खत्री - लाभांशी मुड - विधि जैन - सौम्या चौहान - नमामि शर्मा - यशवी सोंगरा - जिया भाटिया - अविष्का सेंडो - केशवी दुबे - मिशिका राजपूत - सताक्षी शर्मा - जिया ठाकुर। विद्यालय की प्रधानाचार्या सुश्री योगेश्वरी राठौर और खेल अधिकारी श्री भावेश बुंदेला ने इस उत्कृष्ट उपलब्धि पर टीम और कोच आशीष सेन को हार्दिक बधाई दी। उनकी मार्गदर्शन और समर्थन ने टीम की सफलता में महत्वपूर्ण भूमिका निभाई। विद्यालय को इस उपलब्धि पर गर्व है।

NEWS UPDATES 09.11.2025

एसजीएफआई रग्बी राज्य चैंपियनशिप में चल रहे रोमांचक मुकाबले



खुलासा फर्स्ट...इंदौर

मेडी-कैप्स इंटरनेशनल स्कूल में आयोजित 69वीं एसजीएफआई रग्बी राज्य चैंपियनशिप के दूसरे दिन विभिन्न आयु वर्ग में रोमांच से भरपूर मुकाबले खेले गए। इन मुकाबलों में खिलाड़ियों ने अपनी प्रतिभा और खेल भावना का प्रदर्शन किया। आज अंडर 19 बालक वर्ग में सेमीफाइनलः मुकाबले- इंदौर बनाम उज्जैन,दूसरा सेमीफाइनलः नरमदापुरम बनाम भोपाल।अंडर 19 बालिका वर्ग- उज्जैन बनाम नरमदापुरम,- टीडब्ल्यूडी बनाम ग्वालियर अंडर 17 बालक-- इंदौर बनाम भोपाल,- नरमदापुरम बनाम उज्जैन, अंडर 17 बालिकाः- नरमदापुरम बनाम भोपाल, उज्जैन बनाम ग्वालियर, अंडर 14 बालकः- इंदौर बनाम भोपाल,- नरमदापुरम बनाम टीडब्ल्यूडी।अंडर 14 बालिकाः- भोपाल-नरम्दापुरम, - इंदौर बनाम उज्जैन के बीच खेले जाएंगे।

दैनिक भास्कर NEWS UPDATES 18.12.2025

फुटबॉल स्पर्धा में खिलाड़ियों ने दिखाया दमदार प्रदर्शन



इंदौर| मेडिकेप्स स्कूल के खिलाड़ियों ने उम्दा प्रदर्शन कर फुटबॉल स्पर्धा का खिताब जीता। सुपर कॉरिडोर पर खेली गई अंडर-12 आयु वर्ग में मेडिकेप्स ने सभी टीमों को पराजित किया। हृदय तरानी बेस्ट प्लेयर चुने गए। विजेता टीम को प्रिंसिपल योगेश्वरी राठौर और भावेश बुंदेला ने सम्मानित किया।

NEWS UPDATES 06.10.2025

मेडिकैप्स स्कूल के खिलाड़ियों ने हासिल किया गोल्ड कप व स्वर्ण पदक



इन्दौर समाचार | NEWS UPDATES 14.11.2025

इंदौर सहोदय बास्केटबॉल टूर्नामेंट का समापन



इंदौर। मेडी-कैप्स इंटरनेशनल स्कूल में आयोजित इंदौर सहोदय इंटर-स्कूल बास्केटबॉल टूर्नामेंट में आर्मी पब्लिक स्कूल ने चैंपियनशिप जीती। सेंट नॉर्बर्ट स्कूल उपविजेता रहा। मुख्य अतिथि स्मिता नायर और भावेश बुंदेला ने विजेताओं को पुरस्कृत किया और उनके उत्कृष्ट प्रदर्शन की सराहना की। इस टूर्नामेंट में डंडीर के 12 स्कूलों ने भाग

दैनिक भास्कर NEWS UPDATES 09.11.2025

राज्य रग्बी चैम्पियनशिप के दूसरे राउंड में इंदौर, भोपाल और उज्जैन संभाग की टीम



इंदौर • 69वीं राज्य रग्बी चैम्पियनशिप का आयोजन मेडिकैप्स इंटरनेशनल स्कूल में किया जा रहा है। इसमें करीब 400 खिलाड़ी भाग ले रहे हैं। पहले दौर के मुकाबलों में इंदौर, भोपाल और उज्जैन संभाग की टीमों ने शानदार प्रदर्शन करते हुए अगले दौर में प्रवेश किया। उद्घाटन समारोह में इंदौर के खेल अधिकारी घनश्याम करोल और स्कूल के खेल अधिकारी भवेश बुंदेला मौजूद रहे। विद्यालय के हेमंत पवार, संकुल खेल प्रभारी एवीएन राजत रेड्डी सहित अन्य गणमान्य अतिथि भी मौजूद रहे। चार दिवसीय प्रतियोगिता का उद्देश्य खेल भावना और प्रतिस्पर्धा को बढ़ावा देना है।

खुलासा फर्स्ट NEWS UPDATES 24.11.2025

मेडीकेप्स को खेलो इंडिया रग्बी लीग चैंपियनशिप में रजत पदक



खुलासा फर्स्ट...इंदौर

मेडीकेप्स इंटरनेशनल स्कूल ने भोपाल में खेलो इंडिया असमिता रग्बी लीग चैंपियनशिप में दूसरा स्थान हासिल कर रजत पदक जीता। इस चैंपियनशिप में महिला वर्ग में 35 टीमों ने भाग लिया। टीम के सदस्य कैप्टन जानवी खत्री, लाभांशी मुड, विधि जैन, सौम्या चौहान, नमामि शर्मा, यशवी सोंगरा, जिया ठाकुर, अविष्का सेंडो, केशवी दुबे, मिशिका राजपूत, सताक्षी शर्मा, जिया ठाकुर शामिल थीं। प्रधानाचार्या योगेश्वरी राठौर और भावेश बुंदेला ने इस उत्कृष्ट उपलब्धि पर टीम और कोच आशीष सेन को हार्दिक बधाई दी।

दैनिक भास्कर NEWS UPDATES 18.11.2025

इंटर स्कूल बास्केटबॉल में खिलाड़ियों का दमदार प्रदर्शन



इंदौर| मेडिकैप्स स्कूल इंटर स्कूल बास्केटबॉल उपविजेता रहा। आईआईएसटी में खेली गई स्पर्धा के बालक वर्ग के सेमीफाइनल में मेडिकैप्स ने एनडीपीएस को 33-31 से हराया। फाइनल में उसे माउंट इंडिक के हाथों 32-36 से हार का सामना करना पड़ा। टीम को प्रिंसिपल योगेश्वरी राठौर और भावेश बुंदेला ने सम्मानित किया।

NEWS UPDATES अग्निबाण 24.11.2025



मेडी-कैप्स ने रजत पदक जीता

इंदौर। मेडी कैप्स इंटरनेशनल स्कूल ने भोपाल में आयोजित खेलो इंडिया असमिता रग्बी लीग चैंपियनशिप में दूसरा स्थान हासिल किया है। चैंपियनशिप में महिला वर्ग में 35 टीमों ने भाग लिया।टीम में कैप्टन जानवी खत्री, लाभांशी मुड, विधि जैन, सौम्या चौहान, नमामि शर्मा, यशवी सोंगरा, जिया ठाकुर, अविष्का सेंडो, केशवी दुबे, मिशिका राजपूत, सताक्षी शर्मा, जिया ठाकुर शामिल थीं। प्रधानाचार्या योगेश्वरी राठौर और भावेश बुंदेला ने इस उत्कृष्ट उपलब्धि पर टीम और कोच आशीष सेन को बधाई दी।

NEWS UPDATES अग्निबाण 14.11.2025



इंदौर। मेडी-कैप्स इंटरनेशनल स्कूल में आयोजित इंदौर सहोदय इंटर-स्कूल बास्केटबॉल टूर्नामेंट में आर्मी पब्लिक स्कूल ने चैंपियनशिप जीती। सेंट नॉर्बर्ट स्कूल उपविजेता रहा। मुख्य अतिथि स्मिता नायर और भावेश बुंदेला ने विजेताओं को पुरस्कृत किया और उनके उत्कृष्ट प्रदर्शन की सराहना की। इस टूर्नामेंट में इंदौर के 12 स्कूलों ने भाग लिया और खेल भावना का प्रदर्शन किया।

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मेडिकैप्स स्कूल में बास्केटबॉल टूर्नामेंट



इन्दौर। मेडिकैप्स इंटरनेशनल स्कूल में सॉहोदय क्लस्टर 2 गर्ल्स बास्केटबॉल टूर्नामेंट आयोजित किया गया। इसमें 12 स्कूलों की टीमों ने भाग लिया। आज के मैच में मेडिकैप्स स्कूल राऊ, सेंट मेरी स्कूल महू, आर्मी स्कूल महू और सेंट नॉर्बर्ट ने अगले दौर में प्रवेश किया। इस अवसर पर खेल अधिकारी भावेश बुंदेला, कोमल अग्रवाल, नेहा अग्रवाल, महेश बुंदेला और निरंजन पवार, अंकुश कौशल, संदीप मोटपरे, सचिन, प्रियंका शिंदे और मजिद रही मौजूद थे।

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बास्केटबॉल टूर्नामेंट

इंदौर । मेडिकैप्स इंटरनेशनल स्कूल में सॉहोदय क्लस्टर 2 गर्ल्स बास्केटबॉल टूर्नामेंट आयोजित किया गया। मैच में मेडिकैप्स स्कूल राऊ, सेंट मेरी स्कूल महू, आर्मी स्कूल महू और सेंट नॉर्बर्ट ने अगले दौर में प्रवेश किया। इस दौरान भावेश बुंदेला, कोमल अग्रवाल, नेहा अग्रवाल, महेश बुंदेला और निरंजन पवार मौजूद थे।

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मेडिकैप्स, सेंट मेरी महू, आर्मी स्कूल व सेंट नॉर्बर्ट अगले दौर में



खुलासा फर्स्ट...इंदौर

मेडिकैप्स इंटरनेशनल स्कूल में सॉहोदय क्लस्टर 2 गर्ल्स बास्केटबॉल टूर्नामेंट में 12 स्कूलों की टीमों ने भाग लिया। मैच में मेडिकैप्स स्कूल राऊ, सेंट मेरी स्कूल महू, आर्मी स्कूल महू और सेंट नॉर्बर्ट ने अगले दौर में प्रवेश किया। इस अवसर पर खेल अधिकारी भवेश बुंदेला, कोमल अग्रवाल, नेहा अग्रवाल, महेश बुंदेला, निरंजन पवार, अंकुश कौशल आदि मौजूद थे।

दैनिक भास्कर NEWS UPDATES 07.12.2025

SUCCESS STORY

अंतरराष्ट्रीय सम्मेलन में करन की रिसर्च प्रस्तुत



सिटी रिपोर्टर • इंदौर

मेडिकैप्स इंटरनेशनल स्कूल के कक्षा 8 के स्टूडेंट करन मार्टिन्स मोहंता ने हाल ही में आयोजित इनवेस्ट 2025 अंतरराष्ट्रीय सम्मेलन में मुख्य वक्ता के रूप में प्रस्तुति दी। करन ने 'पौधों के प्रोटीन की गर्मी और ठंड सहनशीलता' विषय पर अपनी रिसर्च पेश की, जो फसलों को मौसम के उतार-चढ़ाव से बचाने और उनकी उत्पादकता बढ़ाने में बेहद उपयोगी साबित हो सकती है। उनके इस शोध को अंतरराष्ट्रीय स्तर पर सराहना मिली और यह एक प्रतिष्ठित वैज्ञानिक पत्रिका में प्रकाशित भी हुआ। करन की इस उपलब्धि से स्कूल प्रबंधन ने बधाई दी।

मेडिकैप्स स्कूल के खिलाड़ियों द्वारा विजेता ट्रॉफी स्वर्ण पदक हासिल किया गया



इंदौर स्पोर्ट्स एकेडमी द्वारा आयोजित एक दिवसीय फुटबॉल प्रतियोगिता सुपर कॉरिडोर स्थित पवेलियन टर्फ (बेदरी) पर आयोजन किया गया जिसमे 12,14,17 वर्ष के बालक /बालिका खिलाड़ियों द्वारा हिस्सा लिया गया। जिसमे मेडिकैप्स स्कूल के खिलाड़ियों द्वारा अंडर 12 बालक वर्ग मे स्वर्ण पदक हासिल किया गया। विजेता व उपविजेता टीम को इंदौर स्पोर्ट्स एकेडमी संस्था अध्यक्ष लोकेश अवस्ती व सचिव नितिन चिंतामन, सागर भाटिया व अन्य अतिथियों द्वारा सम्मानित किया गया। प्रतियोगिता में सर्वश्रेष्ठ खिलाडी के रूप में अंडर 12 वर्ग के हृदय तरानी चुना गया। इनकी इस उपलब्धि पर स्कूल प्राचार्य योगेश्वरी राठौर एवं हेड ऑफ स्पोर्ट्स डिपार्टमेंट भावेश बुंदेला द्वारा इस टीम कोच आशीष सेन, राहुल शर्मा व सभी खिलाड़ियों को बहुत - बहुत बधाई दी और उज्जवल भविष्य की कामना की।

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इन्दौर समाचार